

Active Adults 50+

April 2017— Monthly Bulletin

Thursday Lunch!



Our lunches are provided by The Friendly Fork: Weld County Senior Nutrition program every Thursday at 12:15 pm. Join us for social hour beginning at 11:00 am. Reservations are required by Tuesday, at 5:00 pm.

Call 303.926.2795 to make reservations.

\$3.00 - Suggested Donation for 60 +

\$10.00 - Fee for under 60

Meals subject to change based on product availability.

MENU	LUNCH PROGRAM
April 6 Tamale Pie, Summer Squash, Tropical Fruit Mix, Morning Glory Muffin, Margarine	April 6 Blackrock School Choir
April 13 Breakfast Burrito, Yogurt, Asparagus, Strawberries	April 13
April 20 Salisbury Steak with Gravy, Baked Potato, Sour Cream, Vegetable Blend, Wheat Roll, Margarine, Strawberries, Bananas	April 20 Chief Stewart Erie Police Department Update
April 27 Chicken Cordon Bleu, Lima Beans, Corn, Mandarin Oranges, Pears and Blueberries, Fruit and Oatmeal Bar	April 27

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MENU	LUNCH PROGRAM
May 4 Breaded Pork, Sweet Potatoes, Green Beans with Red Peppers, Wheat Roll, Butter, Applesauce	May 4 Erie High School Choir
May 11 Cornflake Chicken with Gravy, Mac and Cheese, California Blend Vegetables, Strawberries	May 11 Paula Mehle, Town of Erie Economic Development Coordinator
May 18 Teriyaki Beef, Fried Rice, Snap Peas, Mandarin Oranges, Soy Sauce, Chocolate Muffin	May 18 Older Americans Month Lunch See Flyer for more information!
May 25 Chicken Sandwich, Tomato, Onion, Lettuce, Apricots, Baked Beans, Coleslaw, Ketchup and Mustard	May 25